



Teaching Bicycling in Phys Ed: A Workshop for PE Instructors

This course, suitable for PE teachers at the elementary, middle and high school level, will prepare teachers to teach a bike skills and safety curriculum called "Bike Driver's Ed."

Why teach cycling?

- Bicycling is an excellent low-impact lifelong fitness activity
- Children love bicycling
- As children grow into adults, cycling gives independence and affordable transportation for short trips.
- Good bicycle safety habits can be taught, and we will show you how!

DATE: Saturday, April 4, 2009

TIME: 9 AM to 5 PM

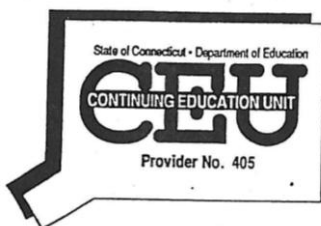
LOCATION: Berlin High School

REGISTRATION: Use form available at www.ctahperd.org

CEUS AVAILABLE: 0.7

COST: \$25

SPONSORS: CTAHPERD, Central Ct Bicycle Alliance, Bike New York, REI and Capitol Region Council of Governments.



The Connecticut Association
for Health, Physical Education,
Recreation and Dance

