

REGISTRATION FORM
Shenandoah Valley Century
Sunday, September 9, 2007

Name _____

Address _____

City _____

State _____ Zip _____

Tour distance: 25 miles _____
 50 miles _____ 100 miles _____
124 miles (200K) _____

Cost:

- If **received** before 8/25/07
\$4.00/person, \$12/family (1983 prices-year of
the first SV Century!!)
- Received After 8/25/07 \$12/person,
\$24/family
(Family 3 or more members)
Amount Enclosed: \$ _____

Checks payable to:
Shenandoah Valley Bicycle Club (SVBC)

Where did you first hear of the
Shenandoah Valley Century?

RELEASE: In consideration of the Shenandoah
Valley Bicycle Club sponsoring a tour on the
above date, I state:

1. I shall be _____ years of age on the tour date,
and have no physical or other limitations
preventing me from riding a bicycle on this tour.
Furthermore, if I am under 14 years of age, I will
ride with an adult over 18 years of age. The
name of this adult is

2. I have inspected my bicycle for this tour and I
know it to be in reasonably good and safe
condition.
3. I have adequate and reasonable knowledge of
what is prudent and safe bicycle riding and shall
ride in that manner, for my own protection and
the protection of others.
4. I agree to check in with those operating the tour
at the completion of my ride so that they will know
when I am finished on the tour route. Furthermore,
if I quit my ride on the tour before completion, I
agree to inform those operating the tour that I am
finished.
5. In signing this release for myself, or for the
named entrant, I understand that the Shenandoah
Valley Bicycle Club, the Club officers, the Club
members, the City of Harrisonburg, and any others
connected with this event are not responsible for,
and are not insurers of, my personal safety during
the ride. I recognize that bicycling on the roads may
be hazardous and that various dangers such as rough
roads, railroad tracks, etc. may be encountered.
- I thus release the above organizations and their
officers, employees, and members and agree to
absolve and hold them harmless from any and all
liabilities arising from my having sustained any
property damage or personal injury by reason of
their negligence in participating, sponsoring,
planning, or arranging this event. I shall abide by all
traffic laws and practice courtesy and safety in
bicycling. I shall wear a CPSC, ASTM F1447 or
SNELL approved helmet.

Signature of rider:

Signature of parent if rider is under 18 years of age:

Phone Number: _____

E-mail: _____
In the event of circumstances beyond our control,
refunds can not be guaranteed.

Shenandoah Valley Century
c/o Art Fovargue
1043 Chestnut Dr.
Harrisonburg, VA 22801



**SHENANDOAH
VALLEY
CENTURY
SEPTEMBER 9, 2007**



**Hillandale Park
Harrisonburg, Virginia**

**Sponsored by the
SHENANDOAH VALLEY
BICYCLE CLUB**

Printing Provided by:
branner printing
■■■■■■■■■

25th Annual Shenandoah Valley Century

Date: Sunday, September 9, 2007

Times:

- 7:00am: Registration open for all rides
- 8:00am: Ride Start for 100 & 124 mile ride
- 9:00am: Ride Start for 25 & 50 mile ride

Place: Hillandale Park Shelter 11
Harrisonburg, VA

Cost:

- If **received** before 8/25/07
\$4.00/person, \$12/family (1983 prices-
year of the first SV Century!!)

- Received After 8/25/07
\$12/person, \$24/family
(Family 3 or more members)

Limit: 300 riders

Thank you to our Supporters

Branner Printing
East Coast Bicycle Academy
Mark's Bike Shop
Mole Hill Bikes
Shenandoah Bicycle Company
Valley Ballooning - Woodstock, VA
for a free hot air balloon ride



The Shenandoah Valley Bicycle Club invites you to the 25th ANNUAL SHENANDOAH VALLEY CENTURY. All the rides of the Century will explore some of the finest cycling around, with scenic vistas, small towns, beautiful farms, quiet roads, and more. All routes are paved and have low traffic volume. Participants ride at their own pace; the event is not a race.

What is a Century ride? A “Century” refers to a bicycle ride of 100 miles (a century of miles). Century rides originated in the late 1800’s, when cyclist would attempt to ride the 100 miles in under ten hours. Now, rides of various lengths are offered to suit all abilities with no time limits set.

Rest Stops

All rides are supported with rest stops every 20-25 miles and a midpoint rest stop for the 25 mile ride. The rest stops are well stocked with a variety of food and beverages, free with registration.

Sag Support

Auto sag support will be available on each route to provide help for those who need assistance. Please be prepared to fix minor repairs, for example, bring a flat tire fix kit with you.

To celebrate 25 years of offering affordable Centuries

- **1983 Prices:** Yes, this is no misprint, register prior to 8/25/07 at 1983 prices, the year of the first Shenandoah Valley Century
- **Double Metric Century** (200K) has been added this year. This is only for the strongest riders; there will be a time limit for this additional loop.
- **Have your portrait taken!** Come early to have your free portrait taken with your bike and friends. Portrait and ride photos will be posted on svbikeclub.org after the ride for viewing and downloading.
- **Door prizes!!** All those who register and participate will receive a commemorative Polar water bottle and will be in the drawing for numerous door prizes, including one hot air balloon ride (Thanks Valley Ballooning).
- **Stay and Celebrate:** Plan on sticking around after the rides to help celebrate 25 years of great centuries. Food, drinks and the famous paninis are included with your registration.
- **Donations:** Obviously the cost associated with the 2007 Century will be more than that in 1983. Donations will be gratefully accepted to help offset costs.

DIRECTIONS

Interstate 81 to Exit 245 go west on Port Republic Road. Cross route 11 (Main St), continue straight 0.5 mile, turn left onto route 42 (S High St). Hillandale Avenue will be a right turn .8 mile down the road. Go straight after the stop sign to enter Hillandale Park. Shelter #11 is on the main thoroughfare near the end of the park. Parking in Hillandale may be limited.

REGISTRATION

The registration form is on the back of this flyer. Additional forms may be obtained at all Harrisonburg area bicycle shops and at svbikeclub.org **THIS REGISTRATION FORM WILL NOT BE HONORED IF THE RELEASE IS NOT SIGNED.**

register online @ 

Rider Limit: 300 (this will fill up)

FOR MORE INFORMATION

Art Fovargue (540) 433-9247

Marcia Lamphier (540) 432-3312

Or by e-mailing: century@svbikeclub.org

Or at: **www.svbikeclub.org**

HELMETS APPROVED TO CPSC, ASTM F1447 OR SNELL B90 STANDARDS ARE REQUIRED AS MINIMUM.

Mail completed form and your check made payable to Shenandoah Valley Bicycle Club (SVBC) to:
SHENANDOAH VALLEY CENTURY
c/o Art Fovargue
1043 Chestnut Dr.
Harrisonburg, VA 22801