

Nutrition Facts

Serving Size Entire Recipe 827g (827 g)

Servings per container 16

Amount Per Serving

Calories 3110 **Calories from Fat** 993

% Daily Value*

Total Fat 117g 181%

Saturated Fat 20g 100%

Trans Fat 0g

Cholesterol 30mg 10%

Sodium 1262mg 53%

Total Carbohydrate 479g 160%

Dietary Fiber 55g 219%

Sugars 298g

Protein 85g

Vitamin A 142% • **Vitamin C** 6%

Calcium 57% • **Iron** 144%

*Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on
your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4